

Coco Loco Balls



Makes

15



TIP

Add dried fruit or blended dates for more fruit!



Ingredients

- 1 ripe banana
- ½ cup light cream cheese
- 4½ wheat biscuits
- ¼ cup drinking chocolate powder
- 1 tablespoon cocoa
- 1 tablespoon honey
- 1 tablespoon desiccated coconut

Equipment

- Large bowl
- Potato masher or fork
- Large spoon
- Measuring cups
- Measuring spoons
- Chopping board
- Plate



How to make it



1. Put banana and cream cheese in a bowl, mash together until smooth.



2. Break up wheat biscuits, add to banana mixture.



3. Add drinking chocolate powder, cocoa and honey into the bowl and stir until well combined.



4. Roll one teaspoon of mixture into a ball with hands. Spread coconut onto a plate.



5. Roll the balls in coconut and serve. Refrigerate to store.



nom!

