

Crazy Corn Dip



Dip & veggie sticks in your lunchbox is a perfect recess snack!



Ingredients

- 125g cream cheese
- 1 cup low fat natural/Greek yoghurt
- 1/3 cup corn relish
- 1/4cup corn kernels
- 1/8 cup sweet chilli sauce
- 1 garlic clove
- Small bunch chives

For Dipping:

- 2 carrots
- 1 red and 1 yellow capsicum
- 1 packet of plain rice crackers
- 150g snow or sugar snap peas
- 1 punnet of cherry tomatoes

Equipment

- Measuring cups
- Bowl
- Chopping boards
- Knives
- Spoon
- Scissors
- Fine grater
- Peeler
- Serving platter



How to make it



1. Measure cream cheese, yoghurt, corn relish, corn kernels and sweet chilli sauce into a bowl.



2. Peel garlic clove, then grate or finely chop into bowl.



3. Use scissors to finely cut chives into bowl. Mix dip together with a spoon.



4. Wash all vegetables. Peel carrots. Chop vegetables into dipping sticks.



5. Put vegetables and crackers onto serving platter and serve with dip.



nom!

