

# Berry Nice Cheesecake Cups

Vegetarian



Serves

4-6

Cooking time



Fruit per serve



1



Swap raspberries and passionfruit with any fresh, canned or frozen fruit.



## Ingredients

- ½ cup dates
- 1 cup hot water
- 250g light cream cheese
- 2 tsp icing sugar
- 2 wheat biscuits
- 1 cup frozen raspberries
- 170g can passionfruit

## Equipment

- |                |                           |
|----------------|---------------------------|
| Chopping board | Strainer                  |
| Cup measures   | Spoon                     |
| Knife          | 4-6 small cups or glasses |
| Small bowl     | Can opener                |
| 2 medium bowls |                           |
| Spoon measures |                           |
| Fork           |                           |



Tasty learning for life



# How to make it



1. On a chopping board, measure  $\frac{1}{2}$  cup dates and chop into small pieces. Place in a small bowl with 1 cup hot water. Set aside.



2. In a medium bowl, mix together 250g cream cheese and 2 tsp icing sugar until smooth.



3. Crush wheat biscuits in a medium bowl. Strain water from dates and add dates to bowl. Mix well with a spoon.



4. Place 1 tbsp of date mixture in each cup and press down with fingers or the back of a spoon. Add a layer of cream cheese mixture on top.



5. Add a layer of raspberries, followed by a spoonful of passionfruit to each cup and serve.



**nom!**