



Recipe Tip:  
Use plain bread  
instead & serve  
as either sweet  
or savoury.



# Super Fruity French Toast

Serves 8



## Ingredients:

- 4 eggs
- 1 cup low fat milk
- 1 tablespoon vanilla essence
- Spray oil
- 8 slices fruit bread
- 4 bananas
- 1 tablespoon icing sugar
- 1 teaspoon cinnamon



## Equipment:

- Electric or large frypan, large bowl, small bowl, measuring cups, tablespoon, knife, chopping board, spatula, whisk or fork, small sieve



**1** Crack eggs into bowl and whisk in milk and vanilla.



**2** Turn frypan to medium heat, spray with oil. Dip one piece of fruit bread into egg mix turning over to cover each side.



**3** Place bread into frypan and cook on each side until golden brown. Repeat with remaining pieces of bread.



**4** Cut bananas into thin slices and place onto cooked toast.



**5** Mix icing sugar and cinnamon together in small bowl. Place mixture into small sieve and sprinkle over toast.