

Sporty Banana Bites



Swap the dried apricots for sultanas if you prefer.



Ingredients

- 2 medium bananas
- 125g light cream cheese
- ½ cup dried apricots
- 1 teaspoon cinnamon
- 2 tablespoons honey
- 2 cups rolled oats
- ¼ cup desiccated coconut



Equipment

Medium bowl, fork or potato masher, mixing spoon, measuring cups, measuring spoons, small bowl, chopping board, knife



1. Peel bananas and put into medium bowl with cream cheese. Mash together until smooth.



2. Finely chop the dried apricots. Add apricots, cinnamon, honey and rolled oats to bowl. Mix ingredients together well.



3. Put coconut into small bowl. Roll teaspoons of mixture into balls. Roll balls in coconut to coat. Keep in the fridge.