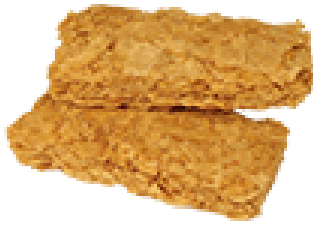


Breakfast Battle



Natural Muesli



Wheat Biscuits



Baked beans on toast



Fruit and yoghurt



Porridge/oats



Low fat milk





Fruit Yoghurt



Eggs on toast



Homemade savoury pancakes



Tinned spaghetti on toast



Fried egg, bacon & sausages





Milo made with milk



Chicko roll



Breakfast drink



Breakfast Biscuits



Homemade Smoothie



Ham and Cheese Croissant



Bush tucker



Take away tomato Ham, Cheese toasted



Home made noodles



Pancakes with butter & syrup



Fruit Loops



Take away breakfast



Nutrigrain



Cornflakes sprinkled with sugar





Bread with vegemite



Peanut Butter



Toast with butter

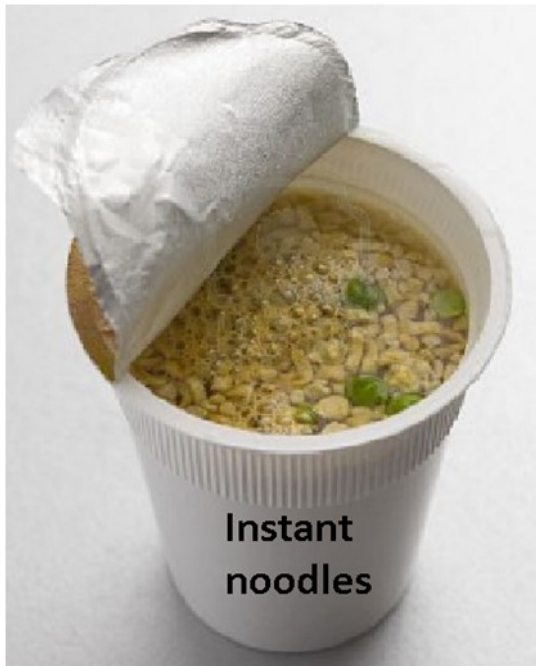


Fruit toast

Lunchtime Hurdle



Take away burger & nuggets



**Instant
noodles**



Home made fried rice



Homemade soup



Fruit smoothie





Home made pizza



Take away pizza





**Sausage roll,
pie, pastries**



Home made mini quiche



Sliced ham, polony, chicken



Home made pasta



Take away creamy pasta





Fruit and yoghurt

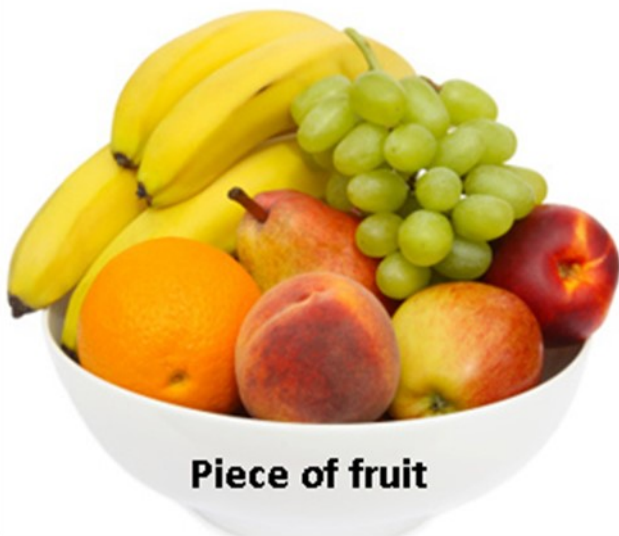


Fruit and custard



Homemade muffin





Piece of fruit

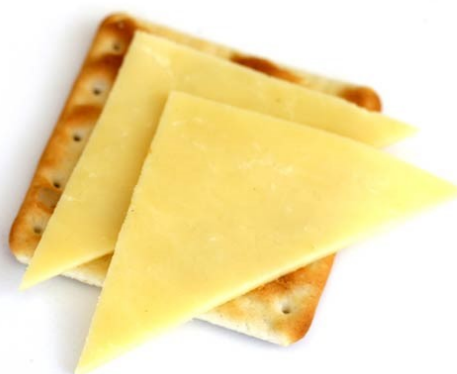


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Sauces





Dinner Dilemma



Home made curry & rice



Home made burgers



Chicken & veg stir fry



Fish and salad



Home made pasta

Fruit salad



**Vegetable
fritatta**



Take away creamy salad



Take away creamy fried chicken



Beef and Veg stew with rice



Tinned corned Beef







Frozen yoghurt



"Cup a Soup"