

EAT SOME

Fish Can

EVERYDAY FOOD



EVERYDAY FOOD

Superhero Food Group: Meat/Protein
Body Building Foods

Special powers if eaten:
Rich with Omega 3 to feed the brain

19

EAT SOME

Flying Fish

SUPERHERO FOOD



SUPERHERO FOOD

Superhero Food Group: Meat/Protein
Body Building Foods

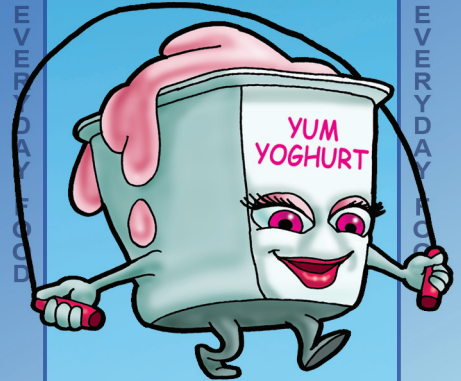
Special powers if eaten: Dripping with
Omega 3 for super healthy hearts

20

EAT SOME

Yum Yoghurt

EVERYDAY FOOD



EVERYDAY FOOD

Superhero Food Group: Dairy Foods
Body Building Foods

Special powers if eaten:
Full of minerals for strong bones

21

EAT SOME

Yo Girl

SUPERHERO FOOD



SUPERHERO FOOD

Superhero Food Group: Dairy Foods
Body Building Foods

Special powers if eaten: Packed with
probiotics for fighting tummy illness

22

EAT SOME

Blue Boy

EVERYDAY FOOD



EVERYDAY FOOD

Superhero Food Group: Dairy Foods
Body Building Foods

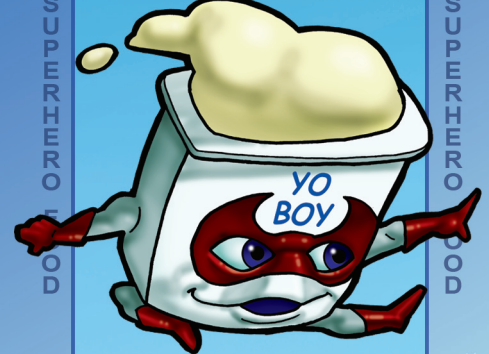
Special powers if eaten:
Bursting with calcium for strong teeth

23

EAT SOME

Yo Boy

SUPERHERO FOOD



SUPERHERO FOOD

Superhero Food Group: Dairy Foods
Body Building Foods

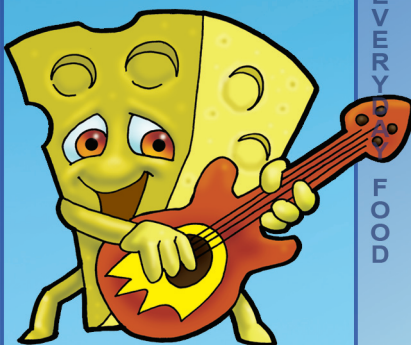
Special powers if eaten: Erupting with
calcium to build super strong bodies

24

EAT SOME

Cheesy Cheese

EVERYDAY FOOD



EVERYDAY FOOD

Superhero Food Group: Dairy Foods
Body Building Foods

Special powers if eaten: Chock-a-block
with calcium for strong bones

25

EAT SOME

Speedy Cheese

SUPERHERO FOOD



SUPERHERO FOOD

Superhero Food Group: Dairy Foods
Body Building Foods

Special powers if eaten: Crazy full of
calcium for super strong bones

26

DRINK SOME

Milk Maid

EVERYDAY FOOD



EVERYDAY FOOD

Superhero Food Group: Dairy Foods
Body Building Foods

Special powers: Full of hidden minerals
for strong bones & teeth

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