



## Couscous Salad



### Ingredients:

- 1 cup couscous
- 1 tsp stock powder
- 1 cup hot water
- 1 lebanese cucumber
- 1 tomato
- Small bunch parsley
- 310g tin of corn kernels
- 1 carrot
- 200g of tinned lentils



### Equipment:

- Measuring cups, teaspoon,
- large bowl, kettle, serving spoon,
- lid, chopping boards, knives, can
- opener, strainer, peeler, grater, fork

### Recipe tip:

*Use other herbs such as basil or coriander.*



- 1** Measure couscous and stock into a large bowl. Add 1 cup hot water, stir then cover with a lid. Leave for 5 minutes.



- 2** Chop the cucumber, tomato and parsley into small pieces.



- 3** Peel carrot, and then grate. Drain the corn and lentils.



- 4** Remove lid from couscous. Fluff up and stir with a fork.



- 5** Stir all ingredients into bowl with couscous.