



Crazy Corn Dip



Ingredients for dip:

- 125g cream cheese
- 1 cup low fat natural/Greek yoghurt
- 1/8 cup sweet chilli sauce
- 1/8 cup corn relish
- 1/4 cup corn kernels
- 1 garlic clove
- Small bunch chives

For dipping:

- 2 carrots
- 1 red & 1 yellow capsicum
- 150g snow or sugar snap peas
- 1 punnet of cherry tomatoes
- 1 packet of plain rice crackers

Equipment:

- Measuring cups, bowl, chopping boards, knives, scissors, fine grater, spoon, peeler, serving platter



1 Measure cream cheese, yoghurt, corn relish, corn kernels and sweet chilli sauce into a bowl.



2 Peel garlic clove, then grate or finely chop into bowl.



3 Use scissors to finely cut chives into bowl. Mix dip together with a spoon.



4 Wash all vegetables. Peel carrots. Chop vegetables into dipping sticks.



5 Put vegetables and crackers onto serving platter and serve with dip.