



Couscous Salad



Ingredients:

- 1 cup couscous
- 1 tsp stock powder
- 1 cup hot water
- 1 lebanese cucumber
- 1 tomato
- Small bunch parsley
- 310g tin of corn kernels
- 1 carrot
- 200g of tinned lentils

Equipment:

- Measuring cups, teaspoon,
- large bowl, kettle, serving spoon,
- lid, chopping boards, knives, can
- opener, strainer, peeler, grater, fork

Recipetip:
Use other herbs such as basil or coriander.



1 Measure couscous and stock into a large bowl. Add 1 cup hot water, stir then cover with a lid. Leave for 5 minutes.



2 Chop the cucumber, tomato and parsley into small pieces.



3 Peel carrot, and then grate. Drain the corn and lentils.



4 Remove lid from couscous. Fluff up and stir with a fork.



5 Stir all ingredients into bowl with couscous.